

Serving the Loveland area for over 15 years

~ The area's best-equipped & only family oriented personal training and cardio facility! ~

Your Membership will include full use of:

- A Family, Friendly, Non-Commercialized Atmosphere
- Affordable, Personal Training
- [Personal Trainers](#)
- Locally owned and operated.
- New State Of The Art Cardio Facility
Featuring:
 - Virtual Reality Espresso Fitness Bikes
 - Elliptical Cross Trainers
 - Heavy Duty treadmills
 - Recumbent bikes
 - Stair climbers and more...

- Huge Free Weight Area

- Paramount Equipment
- Hammer Strength Equipment
- Life Fitness Equipment
- Men's & Women's Locker Room with Showers
- Member Lounge Area
- Large Kids Playroom with Movies / Satellite TV
- Sauna
- Initial Equipment Orientation / with Trainer
- Physical Assessment Consultation
- Tanning Packages
- Kick Boxing
- On site Massage Therapy by [Barbara](#)

Located at 154 Barberrry Place, Loveland, Colorado
(In the Barberrry Plaza, next to Collins Cashway Lumber)
Phone: (970) 663-4009

Feel Healthier, Live Better!